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GREAT RACING SCENES, DYNAMIC CHARACTERS AND THOR — WHAT MORE COULD YOU WANT? PAGE 11

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Keshav Sharma, right, wife Savi and their 10-month-old son, Raghav, meet with Premier Brad Wall at the legislative building on Thursday. The family of three, from India, is among the more than 1.1 million people who now call the province home. ALYSSA MCDONALD/METRO

Immigrants push Sask. population past 1.1 million

Meet the neighbours. Premier welcomes the newcomers that make Saskatchewan 'better'

Premier Brad Wall says international immigration is a huge part of Saskatchewan's latest population boom.

According to Statistics Canada, the number of people living in the province has passed the 1.1 million mark for the first time.

That's an increase of 20,757 people in the past year and more than 106,000 people since 2007.

The premier says the new goal is to have 1.2 million people by 2020.

He says the economy is drawing people to Saskatchewan for jobs and helping to keep new graduates here. The premier also says better immigration policies helped.

"We've got to keep our eyes focused on that because we need newcomers as well, not just for the economy and the labour shortage, but because it makes us better," Wall said Thursday.

"I love all the accents."

Fresh faces

20,757

Saskatchewan's population increase over the last year.

Amol Cheema is one of those newcomers.

Cheema, originally from India, was at university in Toronto when a couple of his friends moved to Saskatchewan. He followed in 2011.

"They said it was a good province, lots of opportunities, so I came here," he said at a gathering for newcomers Thursday at the legislature.

He said it's been great, except for the "really harsh" winter, which Cheema jokes that he's getting used to.

Cheema, 27, is working as a civilian with the Regina police. He hopes to become an officer when his permanent residency paperwork is done.

Cheema said he "absolutely" sees himself staying for the long term.

"I love it here," he said. "It's the same as my province where I came from (in India); it's an agriculture province as well. It's like life is kind of relaxed; you're not rushing to your job. It takes five minutes to go to work.

"And then I got this opportunity, and I think as an immigrant it's my responsibility to serve the people of Saskatchewan and the people of Canada."

THE CANADIAN PRESS

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House fire

Remains of Sask. girl found in rubble

Mounties say the remains of a 10-year-old girl have been found in the rubble of a burned home in northeastern Saskatchewan.

The fire broke out early Tuesday in the remote community of Pelican Narrows.

RCMP say the child's great-grandparents managed to escape and thought she had made it out as well.

Her remains have been transported to Saskatoon for an autopsy.

A home burned down in Pelican Narrows Tuesday. COURTESY RCMP

The child's name has not been released.

The cause of the fire is under investigation.

THE CANADIAN PRESS

'Holistic' legislation

Bill to address cyberbullying

The Tories will introduce new legislation in the fall to fight cyberbullying, Justice Minister Peter MacKay said at the Canadian Centre for Child Protection in Winnipeg.

MacKay says the nation has been touched by the death of a 15-year-old Saskatchewan boy who was apparently driven to suicide because of bullying.

THE CANADIAN PRESS

Senate

Wallin expense scandal intensifies

An RCMP probe into ineligible expenses claimed by senators is heating up.

Conservative Sen. David Tkachuk says the Mounties have asked to speak to him about fellow Saskatchewan Sen. Pamela Wallin's travel expenses. He says an appointment has been scheduled for the same week Parliament is to resume with an Oct. 16 throne speech.

Carolyn Stewart Olsen, another Conservative senator, says she "fully expects to meet" with the Mounties when she returns to Ottawa.

Marjory LeBreton, the former government leader in the Senate, says she's already been interviewed by the police.

The RCMP has refused to comment but a source not authorized to speak on the matter said it appears the force is in the early stages of a preliminary examination of Wallin's expenses and has not yet determined whether a full-scale investigation is warranted. THE CANADIAN PRESS

Regina police investigating homicide of young woman

East industrial area. Homicide total of 2012 reached, with three months left in the year

Police are investigating Regina's seventh homicide of the year after discovering the body of 21-year-old Kelly Nicole Goforth on Wednesday in the city's east industrial area.

Shortly after 7 p.m., city police were dispatched to the 1700-block of McAra Street after receiving reports of a sick or injured person.

Officers discovered the body in an alley east of McAra. The coroner, major-crimes investigators and a forensic identification unit joined the probe.

A woman working at a nearby building, who asked not to be named, said staff in her office were shocked to see the heavy police presence at the scene on Thursday.

"Our office was definitely buzzing," she said.

"We didn't know that a body was found, but we could see four police cars and police tape — so we knew something was going on."

Before Goforth's body was found, her family went online to appeal to the public for information on her whereabouts after she didn't return from a trip to a store.

"My baby sister was last seen at the end of our block at 3 a.m. ... Tuesday," one family member said on Facebook.

The family could not be reached for comment.

With three months remaining, Regina's homicide count for the year has matched the total from 2012.

Cautioning against conclusions based on the numbers, city police Chief Troy Hagen said on Thursday that it's "nearly impossible" to predict the homicide rate in any year.

Regina police continue to cordon off an alley on McAra Street Thursday where they discovered the body of 21-year-old Kelly Nicole Goforth, inset. MARCO VIGLIOTTI/METRO

"I've been doing this a long time and I've seen years where we'll go literally almost 10 months without a homicide and then in other years, like the beginning of this year, we had six in five months," Hagen told Metro.

"I just don't think we can extrapolate forward."

MARCO VIGLIOTTI/METRO

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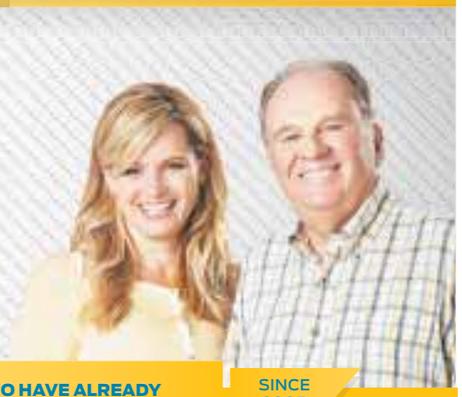

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‘The white widow’ wanted in connection with terrorist plot

Samantha Lewthwaite. She’s the daughter of a former British soldier, was born in Northern Ireland and grew up northwest of London

The tabloids call her “the white widow,” a Northern Ireland-born Muslim convert who was married to one of the suicide bombers in the 2005 attack on London’s transit system. And for days now, the British media have been rife with speculation she took part in the terrorist takeover at a Nairobi shopping mall.

On Thursday, Interpol, acting at Kenya’s request, issued an arrest notice for 29-year-old fugitive Samantha Lewthwaite — not in connection with the mall attack, but over a 2011 plot to bomb holiday resorts in Kenya.

If Lewthwaite indeed embraced the jihadi cause, it would mark a chilling turnaround for the apparently grieving widow who originally condemned the London transit bombings and criticized her late husband, Jermaine Lindsay, for taking part.

Officials have not made public any evidence linking her to the mall attack. The Interpol notice did not mention it. And al-Shabab, the Somali Islamic extremist group behind the takeover, denied any female fighters participated.

Interpol said this is the first time it has been asked to issue a “red notice” for Lewthwaite. The wanted-person alert said she is wanted on charges of possessing explosives and conspiracy to commit a felony in December 2011.

“Kenyan authorities have ensured that all 190 member countries are aware of the danger posed by this woman, not just across the region but also worldwide,” Interpol said in a statement.

There was no immediate explanation from Kenyan police on why it asked for the alert now. THE ASSOCIATED PRESS

A view of a laptop computer screen showing the Interpol website, which features a “Red Notice” for the arrest of Samantha Lewthwaite, inset. She is wanted in connection with a 2011 plot to bomb holiday resorts in Kenya. OLI SCARFF/GETTY IMAGES; INSET: INTERPOL VIA GETTY IMAGES

Shipwreck recovery

Divers find remains near Costa Concordia

Divers spotted human remains Thursday near Italy’s Costa Concordia cruise ship and DNA tests will determine if they are the last two bodies missing among the shipwreck’s 32 victims, authorities said.

The search for the remains of an Italian female passenger and an Indian waiter resumed after the capsized luxury liner was rotated upright last week in an unprecedented marine salvage operation 20 months after it crashed into a reef off Giglio Island.

The remains will be examined by forensic experts. THE ASSOCIATED PRESS

A rare find

French mountain climber stumbles upon box of jewels

A French mountain climber stumbled upon a case of dozens of cut jewels, worth hundreds of thousands of dollars — believed to be debris from one of two Air India crashes decades ago, police said.

Police Cmdr. Sylvain Merly of France’s Savoie region said the experienced Mont Blanc climber, who asked to stay anonymous, found the box marked “Made in India” while scaling one of the peak’s glaciers and turned it in on Sept. 9.

Authorities hope to find someone connected with its owner. THE ASSOCIATED PRESS

7.7-magnitude quake

Militants target relief helicopter in Pakistan’s quake-stricken area

Separatist militants fired two rockets that narrowly missed a Pakistani government helicopter surveying a region devastated by an earthquake, underscoring the dangers authorities face in helping victims in the impoverished province of Baluchistan.

The doctor in charge of the main hospital in the area said the facility doesn’t even have an X-ray machine or a laboratory and that supplies were running low, as the death toll from Tuesday’s 7.7-magnitude quake climbed to 355 with nearly 700 people injured. THE ASSOCIATED PRESS

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Woman 'humiliated' in medical exam, court martial told

Gatineau, Que. Retired petty officer 2nd class James Wilks faces 26 sexual-assault and breach-of-trust charges involving 16 women

A former military medical technician left women feeling uncomfortable and even "humiliated" after he touched or looked at their breasts during physical examinations, a court martial heard Thursday.

The second day of a court martial for James Wilks, a petty officer second class who is now retired, featured the testimony of several women who described similar experiences of having their breasts and nipples fondled during exams.

Their identities are protected under a publication ban.

Former military medical technician James Wilks at his court martial. FRED CHARTRAND/THE CANADIAN PRESS

One of the women said Wilks ordered her to expose her breasts so he could touch them during a physical exam.

She said he spent a minute or two touching her breasts before ordering her to pull up her hospital gown and get off the examination table.

The woman choked up several times as she spoke.

She described how Wilks then told her to bend over and touch her toes while she was wearing only the gown and her underwear.

She said he ordered her to keep her hands on her toes when she tried to keep her loose-fitting underpants from slipping. Wilks pulled up her underpants and held her gown as she was bent over, the court martial heard.

"I was humiliated," she said.

She told the court martial Wilks was "very firm" and didn't give her the impression a breast exam was optional. She described him as "intimidating."

Maj. David Hodson, who represents Wilks, accused the witness of fabricating the episode. Wilks faces 26 sexual-assault and breach-of-trust charges involving 16 women over six years. THE CANADIAN PRESS

Cross-border energy. Harper talks tough in New York on pipeline

Canada won't "take no for an answer" from the U.S. when it comes to the Keystone XL pipeline, Prime Minister Stephen Harper said Thursday.

The logic in support of the project going ahead is "overwhelming," and governments at all levels on both sides of the Canada-U.S. border are endorsing it, Harper told a high-powered business audience in New York.

"My view is that you don't take no for an answer," Harper said. "We haven't had that. If we were to get that, that won't be final. This won't be final until it's approved and we will keep pushing forward."

Harper also dismissed the divide between his government and the White House over projections of how many jobs Keystone XL will create. THE CANADIAN PRESS

Stephen Harper delivers remarks in New York. ADRIAN WYLD/THE CANADIAN PRESS

Arctic Ocean

Chopper wreck recovered

The Canadian Coast Guard says it has recovered a helicopter that crashed and sank in the icy Arctic Ocean, killing three men.

Two ships worked to recover the wreckage of the Messerschmitt Bo-105 chopper that went down Sept. 9 in M'Clure Strait.

One of the ships with the chopper on board was en route to shore where Transportation Safety Board investigators are to study the wreckage to help determine why it crashed.

It's not clear if the aircraft was equipped with a black box flight information recorder or if a black box was recovered.

The commander of the icebreaker Amundsen was among those killed in the crash.

Post-mortem examinations have suggested the men likely survived the impact, but later died of hypothermia after being in the water for about an hour. THE CANADIAN PRESS

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Ex-president convicted of war crimes

Historic verdict.
Taylor is the first head of state convicted by international war crimes court since Second World War

Charles Taylor's lawyer Morris Anyah
KOEN VAN WEEL/THE ASSOCIATED PRESS

More than a decade after fuelling a murderous campaign of terror in Sierra Leone by supplying rebels with arms, Charles Taylor was definitively convicted and imprisoned Thursday for 50 years, in a ruling that finally delivered justice for victims.

The appeals chamber of the Special Court for Sierra Leone upheld the 65-year-old former Liberian president's conviction on 11 counts of war crimes and crimes against humanity, including terrorism, murder, rape and using child soldiers. Taylor is the first former head of state convicted by an international war crimes court since the Second World War and Thursday's confirmation was welcomed as underscoring a new era of accountability for heads of state.

"This is a historic and momentous day for the people of Sierra Leone and the region," UN Secretary-General Ban Ki-moon said in a statement.

"The judgment is a significant milestone in international criminal justice, as it confirms the conviction of a former head of state for aiding, abetting and planning war crimes and crimes against humanity."

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- ✓ Most Co-op students line up permanent jobs before graduating

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Social media

Twitter, NFL ink deal to show football videos

The National Football league has struck a deal to show game highlights and other video content on Twitter ahead of the micro-messaging service's initial public offering of stock.

The deal is part of Twitter's Amplify program, which lets TV broadcasters show ad-supported video clips in users' Twitter feeds as users discuss what they are watching on TV. Other partners include The Weather Channel, the National Basketball Association, Warner Music and CBS.

The NFL and Twitter said Thursday that the deal will let football fans interact with NFL video content created specifically for Twitter — on computers, tablets or mobile devices. Content will include highlights from NFL Network's Thursday Night Football and clips from other regular-season and post-season games, along with news, analysis and fantasy-football advice.

The NFL said this is the first time it has partnered with a social-media company. THE ASSOCIATED PRESS FILE

THE ASSOCIATED PRESS

Telecom

Rogers, Sprint to offer wireless system in cars

Rogers Communications and U.S. wireless carrier Sprint Corp. say they will offer Canadians high-speed Internet access in their vehicles through a new service announced Thursday.

They said the service will be available from auto manufacturers that deploy Sprint's Velocity system in Canada and it will leverage Rogers' wireless networks to connected vehicles on the road.

Vehicles with Sprint Velocity — which has already been deployed in the United States — will have access to news, sports scores, weather alerts, driving directions and vehicle diagnostics via an in-dash touch screen, they say.

Sprint Velocity also provides connectivity for mobile devices in the car including smartphones and tablets. THE CANADIAN PRESS

Market Minute

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Digital giants contribute $7.3B to Canadian economy, report finds

New report. Industry also faces challenges including lack of R&D and skilled workers

Facebook, YouTube and other digital platforms contribute $7.3 billion a year to Canada's economy and employ nearly 80,000 people, a report says.

Whether they're being used to disseminate music, provide remote access to health care or interact with customers, digital platforms are transforming businesses and creating efficiencies, the report called Canada's Digital Imperative: Measuring Digital Platforms' Labour Market and Economic Impact.

However, the industry also faces challenges, including constraints on corporate resources, lack of skilled workers, and inadequate research and development, the report by the Information and Communications Technology Council found.

"Digital platforms are increasingly providing enterprises with greater connectivity, resulting in profound changes in the way they do business and create and deliver digital content," the report said.

The report defines digital platforms as anything that allows content producers and consumers to interact, including social media such as Facebook, user-generated content such as YouTube and meeting applications such as WebEx.

The industry is expected to double within five years to $14.8 billion a year in revenue, while employment is expected to increase by more than one-quarter, creating 22,000 new jobs by 2018, the report estimates.

Most of the revenue and jobs are attributed to companies that have adopted digital platforms. Canadian companies that provide digital-platform services represent less than 20 per cent of the sector, the report said.

Three-quarters of Canadian businesses say they use at least one digital platform for communicating either with staff or customers or suppliers, the study found. Nearly half said using digital platforms helped cut costs. Half also said digital platforms significantly improved customer service.

However, nearly half of all businesses remain wary of adopting digital platforms, the report found.

TORSTAR NEWS SERVICE

New jobs

22,000

The industry is expected to double within five years to $14.8 billion a year in revenue, while employment is expected to increase by more than one-quarter, creating 22,000 new jobs by 2018, the report estimates.

Twitter, YouTube and other digital platforms are changing the way companies in Canada do business, as well as creating jobs and adding economic value, a new report says. PHOTO ILLUSTRATION DAVID VAN DYKE/METRO

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Chilean court stops short of nixing eco-permit for Pascua-Lama mine

The Supreme Court of Chile has upheld a decision by regulators that halted construction at Barrick Gold Corp.'s troubled Pascua-Lama project until it completes work to keep it from contaminating the watershed below.

However, the court stopped short of ordering a re-evaluation of the company's environmental permit — a bigger obstacle that had been sought by an indigenous community living below the $8.5-billion US project.

Barrick said Thursday it was "pleased that the ruling allows the project to advance in compliance with all legal and regulatory requirements."

"Barrick has submitted a plan to Chilean regulatory authorities which estimates completion of the water management system by the end of 2014," the gold miner said.

The country's environmental watchdog agency ordered construction stopped earlier this year until Barrick meets its environmental promises.

John Ing, president of Maison Placements in Toronto, said the final cost of the project may be a bigger barrier for Pascua-Lama than the environmental concerns. "This is proving to be, I believe, the world's most expensive gold mine," Ing said. "One questions — in a capital-short environment — whether Barrick should be actually going slow or in fact should be putting it in mothballs."

Ing said when Barrick decided to go ahead with Pascua-Lama, the environment for big projects was different.

"Today the environment is a lot more hostile for big projects. Mega projects bring mega problems, that's been the history over the last few years for the gold miners," he said.

THE CANADIAN PRESS

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GLOBAL CHANGE NO SMALL GRATIFRY

THE METRO LIST

Neil Morton
metronews.ca

1 Social Good Summit. This conference in New York was trending on Twitter under the hashtag #2030now. It focuses on the innovative role new media can play in shaping long-term, sustainable solutions to the planet's ills, from human rights to poverty. Actor/social do-gooder Ian Somerhalder was on one panel and said we can use social media "to create quantifiable change globally." Let's do it.

2 Terry Fox. Canada's national treasure, who has inspired generations with his Marathon of Hope to raise awareness and money for cancer research, was inducted into Canada's Walk of Fame Saturday. The fight on Terry's behalf will continue until a cure is found. You can watch the Walk of Fame Awards on Oct. 27 on Global.

3 #WeirdEmmys. The Emmys were trippy and awkward, starting with Will Arnett's orange glow tan and continuing with the curious picks for winners and the, er, lifeless tributes to recently deceased actors. Many people ended up switching to Breaking Bad or, in my case, to the season premiere of Battle of the Blades on CBC. Or it just put them to sleep before they could even channel-surf.

4 Dream Job. Richard Peddie, the former CEO of Maple Leaf Sports and Entertainment, has a new book, Dream Job, coming out Oct. 22. It promises to take us behind the scenes at MLSE and inside the boardrooms and dressing rooms of major-league sports. This is a must-read — but one I wish included a chapter on a Stanley Cup or NBA title run for the Leafs and Raptors.

5 Agents of S.H.I.E.L.D. Marvel's newest TV series, an offshoot of The Avengers, premiered Tuesday on ABC to great ratings — fuelled by a buzz campaign that saw it achieve one million fans on its Facebook page before it even aired, apparently a new record for a series launch. Further proof that everything good can be traced back to social media.

6 Dragons' Den season 8. The iconic Canadian show that has inspired countless entrepreneurs begins its eighth season next Wednesday (Oct. 2) at 8 p.m. on CBC. Special episodes this year include an only-in-Canada episode highlighting products that only Canucks could have drummed up. Such as scrotum lotion. I'm scratching my head wondering why I didn't come up with that first.

7 River Phoenix. A book called Last Night at the Viper Room, due out in October, tells the life and death story of acclaimed actor River Phoenix at age 23 in 1993. The teen idol (Stand By Me) died of a drug overdose in front of the West Hollywood club. What Cory Monteith was to the tweens/teens of this generation, River was to those of his generation.

8 Breaking Bad. The finale of this show, considered one of the best dramas ever, is this Sunday on AMC. Now that it's over, I think it's about time I start watching this show and discover how remarkable Bryan Cranston is.

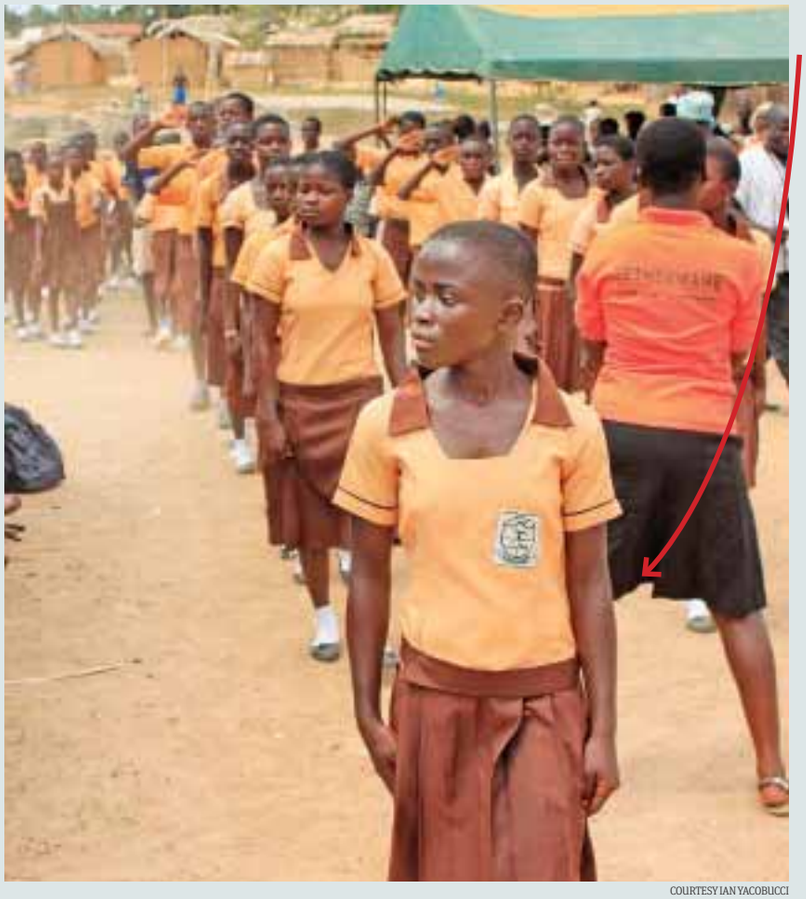
9 Anna Faris. It's always amusing to see people get on Twitter and figure out how it works. Like actress Anna Faris, who started tweeting recently, and had gems like this: "What the heck is retweeting? And why does it feel so good?" And, "I feel like the world needs to know that mayonnaise is my favorite condiment #amisupposedtohastageverytime."

10 Gratifries. You can now get a Whopper with lower-fat french fries, as Burger King is introducing Gratifries, which have 40 per cent less fat and 30 per cent fewer calories than rival fast-food fries. Now McDonald's has to introduce a GratiMac to answer the bell.

Follow The Metro List on Twitter @TheMetroList

ZOOM

Ghana students walk the walk



COURTESY IAN YACOBUCCI

Breaking through child labour in Africa

At first glance it looks as though these students share the same struggles as any other student: homework assignments, curfew and chores.

But in actual fact they have worked hard with their community for the chance to obtain an education in a village that is plagued with child labour in the oil palm industry.

One-third of children in Nyameyiekrom, in the western region of Ghana, cannot attend school because they are needed to chop oil palm fruits with heavy, bladed poles by climbing high up the trees. METRO

Free the Children

- In 2008, the community of Nyameyiekrom built a small school out of bamboo for four teachers and 288 students.
- Free the Children has since built an additional school room, and are confident they will be completing more rooms with latrines and water sources in the future.
- Visit metowe.com/trips to get involved.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

COURTESY GINO SANTA MARIA

Whether you watch the show or not, a glance at Twitter or eavesdropping on co-worker conversations makes it perfectly clear we've hit peak Breaking Bad. If you do watch the series, there's going to be a substantial hole to fill your free time with after Sunday's finale. These will do the trick.

Orphan Black:

The other performance/show certain folks couldn't stop talking about this year was the mighty Tatiana Maslany swapping costumes and characters as if she were brushing away a fly in this Toronto-based sci-fi clone mystery. (Available for purchase on iTunes)

Peep Show:

We don't know what's in store for us Sunday night, but we can all be pretty confident it will be bleak. Cleanse the palate with one of the U.K.'s funniest shows. A simple Odd Couple setup shot entirely from the characters' first-person perspective, it's an endlessly entertaining parade of bad behaviour and poor life decisions. (Streaming on Netflix)

House of Cards:

No, not the Kevin Spacey joint that peppered bus stops and subway stations when it debuted a while back. Head for the BBC original, where the increased subtlety of the scheming nicely reflects the difference between the U.S. and British political systems. (Streaming on Netflix)

Twitter

@metropicks asked: A glitch in the Apple map app directs drivers to the Alaska airport runway. Are we becoming too dependent on technology?

@AidanNg: Technology is invented to assist and not to be blamed. We as users, are. There's a difference between being dependent and lazy

@sheldoncoelho: No, we're becoming too dependent on Apple products.

@nmilaire: This is why I stick with Google maps

@PXAbstraction: When you pay hundreds for a phone, it should do its job properly. But people should pay bloody attention.

@AlexGoatcher: I work in a visitor centre & the amount of people who are map illiterate scares me. They ask for addresses for mountains & lakes

Follow @metropicks and take part in our daily poll.

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Send us your comments: reginaletters@metronews.ca

metro

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Synopsis

When we first meet Niki Lauda (Daniel Brühl) and James Hunt (Chris Hemsworth) they are third stringers, talented Formula Three drivers desperate for a chance to move up to the big show. Bad blood flows between the two, stemming back to an incident when Hunt edged Lauda off the track the first time they faced off against one another. Cut to the 1976 Formula One season. Lauda seems unstoppable, until tragedy strikes and Lauda is badly burned in a fiery crash. During his recuperation Hunt rises in the ranks, leading to a showdown for the World Championship at the Japan Grand Prix.

- Richard: ●●●●○
- Mark: ●●●○○

Rush keeps the sappy on the sidelines and lets the racing do the driving. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Some spark, some fumes

Rush. Ron Howard's race flick leaves the romantic storyline in the pit and allows the realism of those hairpin turns to tell the story

Richard: Mark, in some ways Rush is a paint-by-numbers story — Formulaic One, maybe? — of opposites.

Lauda and Hunt face off in predictable ways — the kind of thing we've seen in other sports films — but the film really takes off in its second half when the characters show some growth and the racing scenes take centre stage.

Director Ron Howard takes us inside the cars — literally.

The races are exciting, visceral and as close as I'll ever get to rounding a hairpin curve at super sonic speeds. What did you think?

Mark: The races are well done, no doubt.

But there has to be more, and often there is. I loved the groovy Euro-'70s milieu of the movie, the sensuality of the cars themselves, and the behind-the-scenes politics of the Formula One game. But the movie is episodic, and lacks — wait for the pun — narrative drive.

Chris Hemsworth is an arrogant rogue in the Lightning McQueen mode, but Daniel Brühl plays a rival racer with the soul of an actuary.

Neither of them are exactly nice guys; in fact, they're a couple of grand prix.

RC: Ha! I liked Brühl.

It would have been easy to play Lauda as a one-note egotist, but as his character finds his passion after the horrific accident, Brühl adds complexity, bringing him to life as a fully rounded man.

Hemsworth hammers it home, proving there is more to him than playing superhero Thor in The Avengers movies, but I really thought Brühl showed the most range.

MB: Burning half your face off will often give you that range.

He goes from a man who won't smile to one who can't smile.

But he's also an unsympathetic martinet for a lot of the movie, and I kept waiting for Ron Howard to go back to the Hemsworth story, which was more fun. How do you think the movie stacks up against classic racing movies like Le Mans or Winning?

RC: I think it compares well to movies like Winning, Grand Prix and Days of Thunder, but the racing flick it has most in common with has to be Le Mans, just for sheer speed-demon spirit. Remember Steve McQueen's famous quote about racing? "Anything that happens before or after ... is just waiting."

MB: A good quote indeed. I thought Rush was a bit more realistic than the other movies, less romanticized, and had the balance of storyline and racing just about right.

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Comedy

Don Jon

Director. Joseph Gordon-Levitt

Stars. Joseph Gordon-Levitt, Scarlett Johansson

For a first attempt at writing and directing a movie, Don Jon is a promising peek at what Joseph Gordon-Levitt may have up his sleeve. In the case of this R-rated inception into filmmaking, it's a profane portrayal of a young porn-addicted Romeo who falls for the seemingly ideal woman (Scarlett Johansson). As the film progresses, Gordon-Levitt's storyline slumps a bit by repetition, but compelling performances (and a couple clever cameos) definitely compensate this crass comedy.

STEVE GOW

Animation

Cloudy With a Chance of Meatballs 2

Directors. Cody Cameron & Kris Pearn

Stars. Bill Hader, Anna Faris

After destroying his water-into-food machine, Flint Lockwood (Bill Hader) assumes his hometown is safe from oversized food. But soon after accepting a job from his hero Chester V (Will Forte), Flint learns that his malfunctioning machine is creating a new menace: food animals. And once again, Flint and his gang must save Swallow Falls. What this fun, imaginative sequel may lack in premise, it makes up for in fantastic animation, wild inventions and even wilder "foodimals." **REGAN REID**

Games

Angry Birds Star Wars II

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

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Yoda may finally be in the slingshot for this Star Wars-themed sequel, but it's the Emperor (voiced by Ian McDiarmid) who steals the show with "pork side" cackles.

THESE PAGES COVER MOVIE START TIMES FROM FRI., SEPT. 27 TO THURS., OCT. 3 TIMES ARE SUBJECT TO CHANGE.

Southland Mall
3025 Gordon Rd.

The Art of the Steal (14A) Fri 7-9:15 Sat-Sun 1:45-4:45-7-9:15 Mon-Thu 5:50-8:50 Star & Strollers Screening Wed 1
Cloudy With a Chance of Meatballs 2 (G) Sat-Sun 12:25 Mon-Thu 5:35 Star & Strollers Screening, Wed 1
Cloudy With a Chance of Meatballs 2 3D (G) Fri 7:40-10:10 Sat-Sun 2:50-5:15-7:40-10:10 Mon-Thu 8:10
The Conjuring (14A) Fri 7:20-9:55 Sat-Sun 2:05-4:40-7:20-9:55 Mon-Thu 6-8:45
Despicable Me 2 (G) Sat-Sun 1:30
Despicable Me 2 3D (G) Fri 6:50 Sat-Sun 4:10-6:50 Mon-Thu 4:50
Grown Ups 2 (PG) Fri-Sun 7:45-10:05 Mon-Thu 7:50
Kick-Ass 2 (14A) Fri-Sun 9:25 Mon-Thu 8
The Mortal Instruments: City of Bones (PG) Fri 6:45-9:40 Sat-Sun 1-3:50-6:45-9:40 Mon-Thu 5-7:55
One Direction: This Is Us - Extended Fan Cut (G) Sat-Sun 12:35 Mon-Thu 4:55
One Direction: This Is Us 3D - Extended Fan Cut (G) Fri 7:50-10:15 Sat-Sun 3-5:25-7:50-10:15 Mon-Thu 8:25
Percy Jackson: Sea of Monsters (PG) Sat-Sun 1:40 Mon-Thu 5:25
Percy Jackson: Sea of Monsters 3D (PG) Fri 7:05-9:35 Sat-Sun 4:15-7:05-9:35 Mon-Thu 8:35
The Smurfs 2 (G) Sat-Sun 12:20-2:45-5:20 Mon-Thu 5:15
We're the Millers (14A) Fri 7:30-10 Sat-Sun 1:25-4-7:30-10 Mon-Thu 5:45-8:20
The World's End (14A) Fri 7:15-9:50 Sat-Sun 1:55-4:25-7:15-9:50 Mon-Thu 5:10-7:40

Galaxy Cinemas Normanview S.C.
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Battle of the Year (PG) Wed 6:50
Battle of the Year 3D (PG) Fri 4:45-7:25-10:05 Sat 11:25-2-4:45-7:25-10 Sun 1:50-4:45-7:25-10:05 Mon-Tue 7:35-10:15 Wed 10:15 Thu 7:25
Cloudy With a Chance of Meatballs 2 (G) Sat 11:50-2:15 Sun 12:20-2:45
Cloudy With a Chance of Meatballs 2 3D (G) Fri 4:40-7:10-9:40 Sat 4:40-7:10-9:35 Sun 5:10-7:40-10 Mon-Wed 7:10-9:40 Thu 7:10-9:35
Def Leppard Viva Hysteria Concert (STC) Wed-Thu 7:30
Don Jon (18A) Fri 5:30-7:50-10:15 Sat 12:30-2:50-5:10-7:50-10:05 Sun 2-4:15-6:55-9:20 Mon-Wed 7:45-10 Thu 7:40-9:55
The Family (14A) Fri 4:15-7:20-10 Sat 11:05-1:40-4:15-7:20-9:55 Sun 2:05-4:45-7:20-9:50 Mon-Wed 6:55-9:30 Thu 6:50-9:25
Gravity 3D (PG) Thu 10
Insidious: Chapter 2 (14A) Fri 5:15-7:55-10:30 Sat 12:15-2:45-5:15-7:55-10:30 Sun 2:35-5:05-7:45-10:20 Mon-Wed 7:50-10:20 Thu 6:55-9:50
Lee Daniels' The Butler (PG) Fri 3:55-6:50-9:50 Sat 12:45-3:55-6:50-9:45 Sun 1-3:55-6:50-9:40 Mon-Tue 6:50-9:45 Wed 9:25 Thu 7
Planes (G) Fri 7:05 Sat 11:30-1:50-7:05 Sun 1:50-7:05 Mon-Wed 7:05
Prisoners (14A) Fri 3:35-6:55-10:15 Sat 12:10-3:35-6:55-10:15 Sun 12:15-3:30-6:50-10:10 Mon-Wed 6:50-10:05 Thu 6:50-10:10
Riddick (18A) Fri 4:10-9:25 Sat 4:10-9:20 Sun 4:10-9:25 Mon-Thu 9:20
Runner Runner (14A) Thu 10
Rush (14A) Fri 4:30-7:35-10:35 Sat 1:30-4:30-7:35-10:35 Sun 1:25-4:30-7:25-10:20 Mon-Tue 7:20-10:20 Wed-Thu 7:15-10:20
The Sisterhood of the Traveling Pants (G) Sat 11
We're the Millers (14A) Fri 4:25-7:40-10:20 Sat-Sun 1:45-4:25-7:40-10:20 Mon-Wed 7:25-9:55 Thu 7:45-10:20

Kramer IMAX Theatre
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Flying Monsters 3D (STC) Fri-Sun 2:15-4:45-8:15 Tue-Wed 1-3:30 Thu 1-3:30-7
No Films Showing Today (STC) Mon
Rocky Mountain Express (STC) Fri-Sun 1-3:30-7 Tue-Thu 2:15-4:45

Golden Mile
3806 Albert St.

2 Guns (14A) Fri-Thu 1:15-3:50-6:30-9:10
Elysium (14A) Fri-Thu 1:10-3:50-6:40-9:10
Fruitvale Station (14A) Fri-Thu 1:20-6:35
Getaway (PG) Fri 1:15-3:55-6:50-9:25 Sat 1:15-3:55 Sun 1:15-3:55-9:25 Mon-Thu 1:15-3:55-6:50-9:25
The Lone Ranger (PG) Fri-Thu 1:30-7
Monsters University (G) Fri-Thu 1:25-4:05-6:45
The Purge (14A) Fri-Thu 6:50-9:20
Riddick (18A) Fri-Thu 1:10-3:45-6:35-9:15
This Is the End (18A) Fri-Thu 9:15
Turbo (G) Fri-Thu 1:15-4:05
The Way Way Back (PG) Fri-Thu 3:45-9:20

Regina Public Library Film Theatre, 23 11 12th Ave.

Brother Number One (STC) Thu 7
The Conspiracy (STC) Thu 9
Greedy Lying Bastards (G) Fri 7 Sat 9 Sun 7
No Films Showing Today (STC) Mon-Tue
ParaNorman (PG) Wed 7
Shadows of Liberty (STC) Fri 9 Sat 7 Sun 9
No Films Showing Today (STC) Mon-Tue
Room 237 (14A) Fri 9:15 Sat 7 Sun 9:15
A Royal Affair (14A) Thu 9
Wednesday Plus (STC) Wed 7

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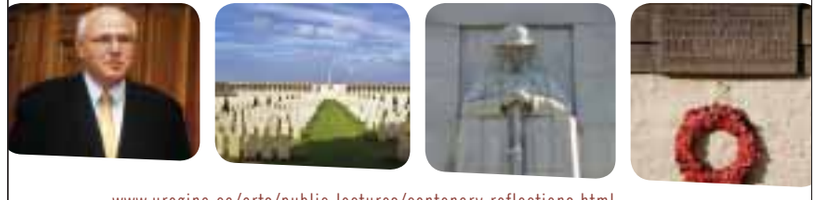

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Brad Pitt and Shia LaBeouf. ALL IMAGES GETTY

Attention! Wilderness bonding awaits for privates Pitt and LaBeouf

Brad Pitt, Shia LaBeouf and three other Fury cast-members were "ordered to go camping together" recently in the English countryside in preparation for the film, according to Us Weekly. "They play soldiers in the same World War II troop, and the director (David Ayer) wanted to make sure they bonded," a source says. "So he dropped them in the wilderness — without their cellphones."

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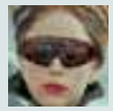

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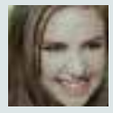

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Hate vomiting, love having vomited

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Open-minded Gwyneth tempts fate with fidelity comment

MELINDA TAUB
Metro World News in NYC

Cheating on your spouse is a big no-no for most people, unless you're married to a really chill, go with the flow kind of lady. You know, like Gwyneth Paltrow.

In her latest film, Thanks for Sharing, Paltrow plays a woman dating a sex addict, and she says she could handle it in real life if her spouse was unfaithful.

"I think that if the idea of being committed to someone is important to you, you begin to value certain parts of your social life over another. No couple is the same, and as such, every couple takes on different challenges. I would like to think that I would be forgiving and/or forgiven, but I can't give an honest answer as I haven't really experienced that," said Paltrow, who's married to Coldplay musician Chris Martin.

Paltrow would be totally cool about cheating, but it doesn't matter, because no one has ever, ever cheated on her. Got it.

The Iron Man star also said she'd be able to deal with dating a sex addict. "I'm an extremely open-minded person, so I think if it was something I knew I was getting myself into, I wouldn't let it deter me from exploring the relationship." I love her. I really do.

Daddy Lohan's secret daughter goes under knife to look like Lindsay. Yikes!

Michael Lohan

Oh my lord, this story makes us want to become nuns, or vegans or something. Something really pure and sober and far away from this kind of Hollywood nastiness. Remember a few years ago when it was revealed that Lindsay Lohan's father Michael Lohan had fathered a secret daughter while still married to Dina Lohan? That daughter, Ashley Horn, is 18 now, and she's gotten $25,000 of plastic surgery to look more like Lindsay. Are you back from staring blankly at the horizon, a sweaty drink clutched in your hand? Cool. "My goal was to look like Lindsay in her good days, when she was around 18, 19 years old," Horn, who has never met her famous sister, told In Style. She doesn't, really, but Ashley's apparently pleased with the results. "I'm hotter than Lindsay!" she said. "I have no problem saying that."

Oh, I think you have any number of problems, girl.

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Baking Beekman style: Buttermilk Pie

The Fabulous Beekman Boys. Josh Kilmer-Purcell and his partner Brent Ridge are still enjoying country life — and eats

IZABELA SZYDLO
lfie@metronews.ca

Josh Kilmer-Purcell and Brent Ridge of The Fabulous Beekman Boys. CONTRIBUTED

What do you do after leaving the hectic pace of New York City to buy a 19th century farmhouse in upstate New York?

If you're couple Josh Kilmer-Purcell and Brent Ridge, you launch a local produce company called Beekman 1802 (now one of the fastest growing lifestyle brands in the U.S.) and learn to be farmers — with cameras in tow. Then you race around the world on the Amazing Race — and win.

After their 2012 win, Kilmer-Purcell and Ridge are once again gracing TV screens with a new season of The Fabulous Beekman Boys (Tuesdays, 10 p.m. on Cottage Life TV).

The couple also recently published its first book — The Beekman 1802 Heirloom Dessert Cookbook: 100 Delicious Heritage Recipes from the Farm and Garden.

Of this Buttermilk Pie with Pecan Crust, the boys say, "This delectable pie is something Grandma might have made with pecans from the backyard tree and tangy buttermilk. This pie is sweet, rich and just plain lovely."

This recipe serves eight. CONTRIBUTED

Ingredients

Crust
- 1 cup all-purpose flour (spooned into cup and levelled off)
- 1/3 cup pecans
- 3 tbsp granulated sugar
- 1/2 tsp salt
- 4 tbsp (1/2 stick) cold unsalted butter, cut into bits
- 1 large egg
- Flour for the work surface

Filling
- 11/4 cups granulated sugar
- 3 tbsp cornstarch
- 3 large eggs
- 6 tbsp (3/4 stick) unsalted butter, melted
- 11/3 cups buttermilk
- 1 tsp grated lemon zest
- 1/2 tsp freshly grated nutmeg
- Pecans for garnish (optional)

1. Crust: In food processor, combine flour, pecans, sugar, and salt and pulse until pecans are finely ground. Add butter and egg and pulse until dough holds together when pinched but does not form ball. Pat into a flat disk and refrigerate for at least 30 minutes or up to a day.

2. On a lightly floured work surface, roll out the dough to a 12-inch round. Roll dough around rolling pin and fit into a 9-inch pie plate without stretching it, pressing the dough into the bottom and against the sides of the pan. With a pair of scissors or a paring knife, trim the dough to leave a 1-inch overhang all around. Fold the overhang in over the rim to make a double layer of dough and, with your fingers, crimp the dough around the edge. Refrigerate for at least 1 hour before baking (this helps relax dough so it doesn't shrink when baking).

3. Preheat the oven to 400 F. Line the pie shell with foil or parchment paper, leaving an overhang, and fill with pie weights or dried beans to weight the crust down. Bake for 15 minutes, then remove the foil and weights and bake for 10 minutes longer or until golden. Remove the pie shell and leave the oven on but reduce the temperature to 325 F.

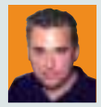
4. Filling: In food processor, combine sugar and cornstarch and pulse until combined. Add the eggs, butter, buttermilk, lemon zest, and nutmeg and process until combined.

5. Pour the mixture into the warm pie shell and bake for 55 minutes to 1 hour, or until the filling is set and just slightly wobbly in the centre. Let cool on a wire rack. Serve at room temperature or chilled, garnished with pecans, if you like.

RECIPE ADAPTED FROM THE BEEKMAN 1802 HEIRLOOM DESSERT COOKBOOK

Liquid Assets

O, Canada



LIQUID ASSETS
Peter Rockwell
@therealwineguy
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How does fall know? As soon as the first day of autumn hits, there's a noticeable chill in the air and leaves start dropping faster than beats from a Jay Z album.

Actually, I love fall. There's Thanksgiving (my fave wine buying holiday), Halloween and a vibe in the air that gets my palate in the mood for a warming glass of whisky. The rustic aromas and robust flavours of whisky is a perfect foil for the season.

While Canadian whisky has languished in the shadow of its American, Irish and Scottish cousins for way too long, new artisan producers have taken the brown spirit category by storm. Nova Scotia's Glenora makes the only true Canuck single malt at its distillery in Glenville on Cape Breton Island. Though Glenora's Glen Breton Rare 10 Year Old Single Malt Canadian Whisky ($72.95 to $88.10) doesn't hide its Scottish influences, it adds its own twist with soft aromatics and a smooth attack on the palate.

Typically served on its own or over ice, it makes an appealing partner for many cheeses and desserts, especially the pecan-influenced pie sharing my page today.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

Let them eat Pancake Cake

Ingredients

Pancakes
- 1 cup all-purpose flour (spooned into cup, levelled off)
- 1/3 cup whole wheat flour
- 2 tbsp cornmeal
- 1/4 cup granulated sugar
- 2 tbsp light brown sugar
- 2 tsp baking powder
- 1/2 tsp salt
- 11/4 cups milk
- 2 large eggs,
- 2 egg yolks
- 2 tbsp unsalted butter, melted, plus more for the pan
- 3/4 tsp pure vanilla extract

Filling
- 11 oz cream cheese, room temp
- 1/4 cup whole-milk Greek yogurt
- 5 tbsp maple syrup, preferably Grade B
- 3 tbsp confectioners' sugar, sifted

1. Pancakes: In a large bowl, whisk together the all-purpose flour, whole wheat flour, cornmeal, granulated and brown sugars, baking powder, and salt. In a separate bowl, whisk together the milk, whole eggs, egg yolks, butter, and vanilla.

2. Coat 8-inch skillet with some melted butter and heat over medium-low heat. Pour 1/2 cup of the batter into the pan and cook for 11/2 minutes, or until large bubbles appear on the surface of the pancake. Carefully flip the pancake over and cook for 1 minute longer, or until the underside is just cooked through. Transfer to plate and repeat with remaining batter to make 6 pancakes and let cool to room temperature.

3. Filling: In a bowl, with and electric mixer, beat the cream cheese and yogurt until smooth. Beat in 4 tablespoons of the maple syrup and the confectioners' sugar until well combined.

4. Cake assembly: Spread each pancake with one-sixth of the filling (about 5 tablespoons). Place one of the pancakes on a platter and stack the remaining pancakes on top. Drizzle the remaining 1 table-spoon maple syrup over the top of the cake.

This recipe serves six. CONTRIBUTED

RECIPE ADAPTED FROM THE BEEKMAN 1802 HEIRLOOM DESSERT COOKBOOK

NHL

Thomas lands full-time gig in Florida

Tim Thomas is officially back in the NHL.

The Stanley Cup-winning goalie signed a one-year contract Thursday with the Florida Panthers, a move that was expected for several days. Financial terms were not released.

The team will also introduce Vincent Viola as its new owner on Friday, according to a person familiar with the situation. THE ASSOCIATED PRESS

Obituary

Famed sports photographer dead at 82

Denis Brodeur, the father of goalie Martin Brodeur, who enjoyed a lengthy career as one of Canada's most successful sports photographers, has died at age 82.

He shot the Montreal Canadiens for several decades, first as a newspaper man and then as the team's official photographer. THE CANADIAN PRESS

Sochi Games

IOC convinced Olympic charter will be respected

The International Olympic Committee doesn't have the authority to intervene in Russia's law banning gay propaganda and is convinced there will be no discrimination against athletes or spectators at the Winter Games in Sochi, a top Olympic official said Thursday.

Jean-Claude Killy, chairman of the IOC Coordination Commission, gave his stamp of approval of Russian preparations for the Games at the conclusion of the commission's final visit to Sochi before the Olympics. THE ASSOCIATED PRESS

Rangers goalie Martin Biron makes the save on the Oilers' Jordan Eberle during pre-season hockey in Edmonton on Tuesday. JASON FRANSON/THE CANADIAN PRESS

NHLers locked in a year after lockout

On time this time.
Players reflect on last year's uncertainty and this year's excitement

Lockout fallout

An even split of hockey-related revenue between owners and players set the salary cap at $64.3 million, making for plenty roster questions in the closing days of the pre-season.

- Realignment into four divisions and a new playoff format adds a layer of unpredictability to the proceedings.
- The Red Wings and Blue Jackets' move to the Eastern Conference could displace one or more playoff teams while the Winnipeg Jets got a geographic gift with their shift to the West.

A little over a year ago, Jordan Eberle packed his things and drove from his summer home in Calgary to Edmonton like any other season, but there was one major difference.

"Obviously, I didn't know where I was playing," the Oilers forward from Regina said.

The uncertainty of the lockout "overwhelmed everything," in the words of NHLPA executive director Donald Fehr. For players, not having a target date to shoot for a year ago made for a unique challenge.

"You didn't know what was going to happen," Boston Bruins goaltender Tuukka Rask said. "You just didn't want to burn yourself out by working out."

Those worries and so many others are gone. The 2013-14 NHL season features a full pre-season and an 82-game season. Much more familiar than last season's 48-game sprint.

"This is a little bit more back to normal," New York Rangers goaltender Henrik Lundqvist said. "After a long summer, you're excited to be back on the ice and get ready and start playing again. The same feeling you had last summer; it was just you never got the chance to start on time."

Harmony returned not too long after the lockout ended in January. Fehr was not surprised the focus shifted quickly from boardroom monotony to intense focus on the ice.

Last season's Stanley Cup final was the most-watched on record, making the lockout seem like a distant memory.

"It's almost like it was forgotten about a week after you start playing," NHL executive vice-president and director of hockey operations Colin Campbell said. THE CANADIAN PRESS

4 SPORTS

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Johnson looks at bright side of Burleson's injury

NFL. Lions will need better play from lesser-known receivers to avoid struggles of 2012

Calvin Johnson is trying to stay positive after Nate Burleson's injury.

Burleson was coming off a big game last weekend at Washington, but he broke his arm in a car crash early Tuesday, so now the Lions will have to rely on Johnson and a number of less proven options at wide receiver. That didn't work out well last season, when Burleson hurt his leg and the Lions slumped to a 4-12 finish.

Lions wide receiver Calvin Johnson
GETTY IMAGES

Johnson doesn't sound too worried about a repeat. In fact, he's hopeful some of his teammates will benefit from bigger roles.

"In the end, it's going to make us a very good receiver group," Johnson said.

Burleson's absence toward the end of last season didn't hurt Johnson's stats. He finished with 122 catches for a record 1,964 yards — but Detroit's offence could have used more balance. Aside from Johnson, there weren't many big-play threats for quarterback Matthew Stafford to throw to.

This weekend, Detroit hosts Chicago, which limited Johnson to eight catches for 106 yards over two games last season. In other words, the Lions may very well need significant contributions from someone other than their best receiver. THE ASSOCIATED PRESS

MLB

Countdown on for Selig's retirement

After a decade of maintaining his departure was imminent, baseball commissioner Bud Selig put his exit plans in writing Thursday and said in a statement he will retire in January 2015 after 22 years.

His revolutionary reign produced an $8-billion industry, interleague play, an expanded postseason and two decades of labour peace. But, he also presided over a cancelled World Series and long-running drug scandal.

Bud Selig
GETTY IMAGES FILE

Some owners — even his wife — had been skeptical in the past that he really would quit, but this marked the first time he issued a formal statement that he will give up the sport's top job. He even gave an exact date: Jan. 24, 2015.

THE ASSOCIATED PRESS

Jays shut down by O's Gonzalez

Toronto Blue Jays second baseman Ryan Goins completes a double play to first after forcing out the Orioles' Jason Pridie on Thursday night in Baltimore. Miguel Gonzalez pitched seven innings of two-hit ball, Matt Wieters homered and drove in two runs, and the Orioles beat the Jays 3-2.

PATRICK SEMANSKY/THE ASSOCIATED PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	96	63	.604	—
Tampa Bay	90	69	.566	6
Baltimore	83	76	.522	13
New York	82	77	.516	14
Toronto	72	87	.453	24

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	93	66	.585	—
Cleveland	88	70	.557	4½
Kansas City	83	75	.525	9½
Minnesota	66	92	.418	26½
Chicago	62	96	.392	30½

WEST DIVISION

	W	L	Pct	GB
Oakland	94	65	.591	—
Texas	87	71	.551	6½
Los Angeles	78	80	.494	15½
Seattle	70	89	.440	24
Houston	51	108	.321	43

Thursday's results
Baltimore 3 Toronto 2
Tampa Bay 4 N.Y. Yankees 0
L.A. Angels at Texas
Kansas City at Chicago White Sox
Cleveland at Minnesota
Wednesday's results
L.A. Angels 3 Oakland 1
Cleveland 7 Chicago White Sox 2
Baltimore 9 Toronto 5
Tampa Bay 8 N.Y. Yankees 3
Texas 7 Houston 3
Detroit 1 Minnesota 0
Seattle 6 Kansas City 0
Friday's games — All times Eastern
Boston (Buchholz 11-1) at Baltimore (Feldman 5-5), 7:05 p.m.
Tampa Bay (Hellickson 12-9) at Toronto (Dickey 13-13), 7:07 p.m.
L.A. Angels (Wilson 17-7) at Texas (Ogando 7-4), 8:05 p.m.
N.Y. Yankees at Houston (Oberholtzer 4-4), 8:10 p.m.
Kansas City (Shields 12-9) at Chicago White Sox (Sale 11-13), 8:10 p.m.
Cleveland (Kluber 10-5) at Minnesota (Hernandez 3-2), 8:10 p.m.
Oakland (Colon 17-6) at Seattle (Hernandez 12-9), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	94	65	.591	—
Washington	84	75	.528	10
New York	73	86	.459	21
Philadelphia	72	87	.453	22
Miami	59	100	.371	35

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	94	65	.591	—
Pittsburgh	91	68	.572	3
Cincinnati	90	69	.566	4
Milwaukee	72	87	.453	22
Chicago	66	93	.415	28

WEST DIVISION

	W	L	Pct	GB
Los Angeles	91	67	.576	—
Arizona	80	79	.503	11½
San Diego	75	84	.472	16½
San Francisco	73	85	.462	18
Colorado	72	87	.453	19½

Thursday's results
San Diego 3 Arizona 2 (11)
Milwaukee 4 N.Y. Mets 2
Atlanta 7 Philadelphia 1
L.A. Dodgers at San Francisco
Wednesday's results
N.Y. Mets 1 Cincinnati 0
St. Louis 4 Washington 1
Chicago Cubs 4 Pittsburgh 2
Milwaukee 4 Atlanta 0
Miami 3 Philadelphia 2
Boston 15 Colorado 5
San Diego 12 Arizona 2
San Francisco 6 L.A. Dodgers 4
Friday's games — All times Eastern
Detroit (Porcello 13-8) at Miami (Koehler 4-10), 7:10 p.m.
Milwaukee (Gallardo 11-10) at N.Y. Mets (Torres 4-5), 7:10 p.m.
Pittsburgh (Burnett 9-11) at Cincinnati (Bailey 11-11), 7:10 p.m.
Philadelphia (Lee 14-7) at Atlanta (Medlen 14-12), 7:30 p.m.
Chicago Cubs (Wood 9-11) at St. Louis (Lynn 14-10), 8:15 p.m.
Washington (Strasburg 7-9) at Arizona (Corbin 14-7), 9:40 p.m.
Colorado (McHugh 0-3) at L.A. Dodgers (Kershaw 15-9), 10:10 p.m.
San Diego (Smith 1-2) at San Francisco (Vogelsong 3-6), 10:15 p.m.

CFL

WEEK 14

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	12	8	4	0	354	315	16
Hamilton	12	6	6	0	316	329	12
Montreal	12	4	8	0	285	349	8
Winnipeg	12	2	10	0	251	368	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Calgary	12	9	3	0	373	301	18
B.C.	12	8	4	0	325	302	16
Saskatchewan	12	8	4	0	376	282	16
Edmonton	12	3	9	0	294	328	6

Friday's game — All Times Eastern
B.C. at Winnipeg, 8 p.m.
Saturday's games
Calgary at Hamilton, 6 p.m.
Toronto at Edmonton, 9 p.m.
Sunday's game
Saskatchewan at Montreal, 1 p.m.

NFL

WEEK 4

Thursday's result
San Francisco at St. Louis
Sunday's games — All Times Eastern
Seattle at Houston, 1 p.m.
N.Y. Giants at Kansas City, 1 p.m.
Pittsburgh at Minnesota, 1 p.m.
Baltimore at Buffalo, 1 p.m.
Arizona at Tampa Bay, 1 p.m.
Cincinnati at Cleveland, 1 p.m.
Indianapolis at Jacksonville, 1 p.m.
Chicago at Detroit, 1 p.m.
N.Y. Jets at Tennessee, 4:05 p.m.
Philadelphia at Denver, 4:25 p.m.
Dallas at San Diego, 4:25 p.m.
Washington at Oakland, 4:25 p.m.
New England at Atlanta, 8:30 p.m.
Monday's game
Miami at New Orleans, 8:40 p.m.

MLS

Friday's game — All Times Eastern
Philadelphia at Kansas City, 8 p.m.
Saturday's games
D.C. United at Toronto FC, 1 p.m.
Real Salt Lake at Vancouver, 7 p.m.
Houston at New England, 7:30 p.m.
Montreal at Chicago, 8:30 p.m.
Sunday's games
Los Angeles at Portland, 3:30 p.m.
Columbus at FC Dallas, 8:30 p.m.
New York at Seattle, 9 p.m.
San Jose at Chivas USA, 11 p.m.

Horoscopes

♈ Aries
March 21 - April 20
Get your head out of the clouds and be more practical. No matter how pleased you may be by recent events, you cannot afford to believe that nothing will change. Fantasy is fun but the real world matters.

♉ Taurus
April 21 - May 21
You may feel guilty that you have not spent more time with someone you are fond of but they understand, so don't beat yourself up. You will get plenty of chances to make it up to them over the weekend.

♊ Gemini
May 22 - June 21
Something will go wrong today but it's no big deal. Stay calm and tackle the problem in a controlled way. Others will react on an emotional level, so you must keep your head.

♋ Cancer
June 22 - July 23
A difficult decision involving a family matter will have to be made and you must make the final call. You may not want to hurt a loved one's feelings but sometimes you have to be cruel to be kind.

♌ Leo
July 24 - Aug. 23
You need to streamline your workload and you can start by knocking minor projects on the head. If they don't take you closer to your number one goal then they are a waste of time — get rid of them.

♍ Virgo
Aug. 24 - Sept. 23
Conserve your energy. The planets indicate that the weekend could be extra busy, so make use of today's less stressful aspects to rest.

♎ Libra
Sept. 24 - Oct. 23
Promise yourself that no matter what kind of situation you find yourself in you will find a way to turn it to your advantage. You're nothing if not creative.

♏ Scorpio
Oct. 24 - Nov. 22
You are many things but no way are you stupid. Which makes you wonder why someone is trying to get you interested in a plan that has no way of ever succeeding.

♐ Sagittarius
Nov. 23 - Dec. 21
There are some things that even a fun-loving Sagittarian finds too serious to laugh about and one such topic is dominant now. Others may mock but you think a sense of respect is in order and intend to act accordingly.

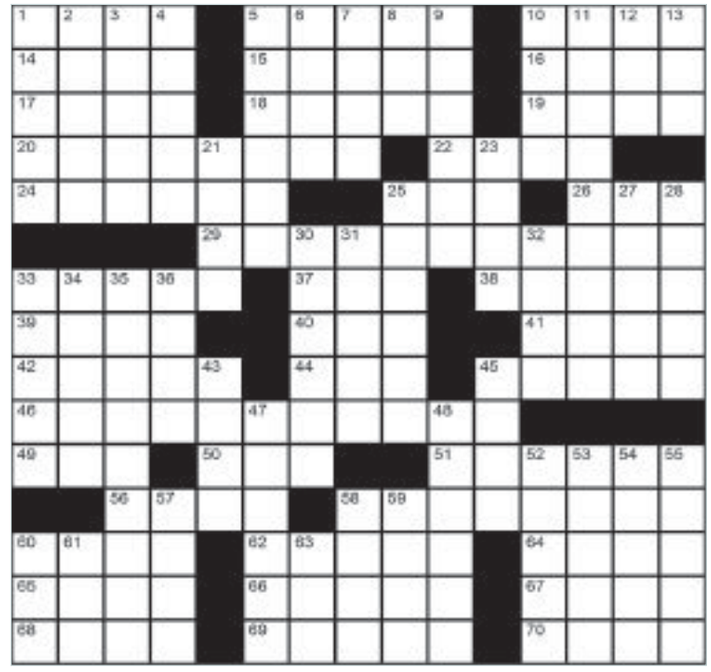
♑ Capricorn
Dec. 22 - Jan. 20
Try to be tolerant of people who see life from a different angle. Some of them may be a bit lacking in the brain box department but it takes all sorts to make a world.

♒ Aquarius
Jan. 21 - Feb. 19
Strive to stay on good terms with partners, whatever differences of opinion you may have had recently. You will need all the support you can get over the weekend, so don't alienate anyone.

♓ Pisces
Feb. 20 - March 20
If there are any loose ends of a financial nature that need to be tied up then get tying now because come Sunday you will no longer be in charge of what happens. SALLY BROMPTON

Crossword: Canada Across and Down

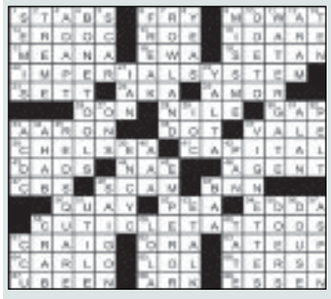
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Glycolic __ (Skin product ingredient)
5. Olympic award
10. Quickened
14. Singer, __ _. King
15. Picture
16. Director Mr. Preminger
17. Norwegian king, variantly
18. Metric weights, for short
19. Place for makeup
20. Kingston, ON: Royal __ College of Canada
22. Faux-teller
24. Song type
25. Racket
26. '_' __ for Montreal
29. Canadian chocolate bar: 2 wds.
33. Suits components
37. Curve
38. Juno-winning band from Winnipeg, __ & Hawk
39. But: German
40. Eggs of fish
41. Kin of Eire
42. Mr. Bean portrayer, __ Atkinson
44. Have
45. Actress, Kirsten __
46. Singer nicknamed 'Canada's Country Gentleman': 2 wds.
49. Music style
50. Natalie Cole's father
51. Chips with gooey cheese
56. Light beams
58. Architectural landmark in Toronto: 2 wds.
60. British songstress, __ Dee
62. Vera Wang customer
64. Parliament Hill worker
65. Hold on property
66. Someone who appraises
67. Keep in __ (Dance teacher's instruction)
68. Politician Mr. Romney
69. Moulding styles
70. Royal Canadian __

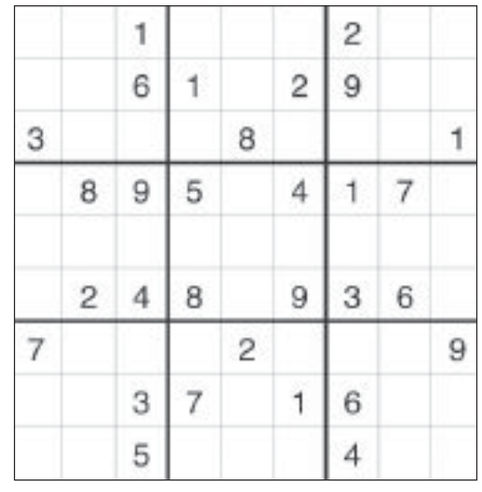
Down
1. The Gap Band's "You Dropped _ __ on Me"
2. Salsa singer Ms. Cruz
3. Counting everything: 2 wds.
4. Satan
5. Gilbert & Sullivan's The __
6. Mideast chieftain, variantly
7. NBC's "The Voice" host Carson
8. In times past
9. "Gigi" (1958) star Ms. Caron
10. Couch
11. Nunavut's official bird, Rock __
12. And so on [abbr.]
13. __-eyed
21. tic __ (Some candies)
23. Early filmdom's Thomas H. __ (b.1882 - d.1924)
25. Proper
27. Small lands on water
28. Type of wheat
30. "Groovy, man.": 2 wds.
31. Displeased look
32. Brand of spaghetti sauce
33. Roles
34. You can't judge _ __ by its cover
35. Town between Toronto and Barrie in Ontario
36. Streetcar, in Britain
43. _ _, _ _ (Part of a Big Apple addr.)
45. Horse-hauled cart
47. Board game company
48. Inputs information
52. __ Provincial Park, in BC
53. Port-au-Prince's locale
54. "Back in the __ days..."
55. Got Z's
57. Isn't, in slang
58. Mention
59. Notion, in Montreal
60. Dutch airline
61. Gladiator's 3
63. Chide

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

2	8	9	5	3	6	1	7	4
1	6	7	4	9	2	3	5	8
3	5	4	8	7	1	6	9	2
6	3	5	1	2	4	7	8	9
8	9	1	7	5	3	4	2	6
7	4	2	9	6	8	5	1	3
5	7	3	6	8	9	2	4	1
4	2	8	3	1	5	9	6	7
9	1	6	2	4	7	8	3	5

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$259** /MO

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$32,373*
MSRP: $38,799

SAVE $6,426

FINANCE PAYMENT:
$199* B/W

LEASE PAYMENT:
$359** /MO

Stock # C71430

2013 FORD F-150 S/CREW XLT 4X4

EMPLOYEE PRICE:
$26,996*
MSRP: $42,849

SAVE $15,853

FINANCE PAYMENT:
$169* B/W

LEASE PAYMENT:
$159** /MO

Stock # C90388

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$37,779*
MSRP: $52,049

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FINANCE PAYMENT:
$239* B/W

LEASE PAYMENT:
$519** /MO

Stock # A88242

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